



## ACTIVITY GUIDE

### NON-FACILITATED ACTIVITIES

*Complimentary access is given to all non-facilitated activities on property*

*\*All sport equipment located in nearby sheds for easy access*

- **Balcones Beach**  
*Private 10-acre spring-fed lake with private beach and restroom*
- **Fishing**
- **Canoeing, kayaking and stand up paddle boarding**  
*All on our 10-acre spring-fed lake*
- **Fitness & yoga center**  
*Includes equipment, yoga mats, deck and sauna*
- **18-hole frisbee golf course**  
*Frisbees and maps at front office*
- **Miles of hiking & jogging trails**  
*Trail maps at front desk*
- **Recreation and game room**  
*Includes pool table, chess, board games and cards*
- **Corn hole, washers, tetherball, and ping-pong**
- **Regulation football/soccer field**
- **Baseball/ kickball diamond**
- **Pickle ball & Gaga ball pits**
- **Sand volleyball courts**
- **Four tennis courts and four pickle ball courts**
- **Covered basketball pavilion**

### OPTIONAL FACILITATED TEAM BUILDING ACTIVITIES

- **Morning group walk or hike (predetermined with client)**  
*Guests will be guided to beautiful private property overlook of Lake Travis. Stroll or hike meets at the Breezeway and ends at designated breakfast area. Great way to build rapport and camaraderie! • \$100 Rate*
- **Team Scavenger Hunt or Amazing Race**  
*Event includes colored bandanas for each team • \$9/person*
- **Lifeguards to support your private beachfront**  
*Swim and enjoy double-decker dock, inflatable water toys including the blob and 10' rafts. • \$40/lifeguard per hour @ 1 lifeguard per 25 guests*
- **Rock Climbing wall**  
*\$250 per hour (expect 15-20 climbers per hour)*
- **'U' High Ropes**  
*Four elements combined with three various high bridges/walkways • \$250/hour*
- **Zip Line across private Lake Ted**  
*\$260 per hour (70 lbs. min- 250 lbs. max)*
- **Skeet Shooting**  
*Starts at \$300 per hour, based on cost of ammunition; instructor, 12 & 20 gauge shot guns & ammo included)*
- **Archery Tag: for adults too!**  
*It's like Dodgeball with bows & arrows. 10-12 guests per game (two teams of 6). Masks, bows & arrows with foam tips included. We can add additional players upon request • \$150 per hour*
- **Movie Night under the Stars**  
*Includes popcorns, drinks, blankets and BYO DVD (non-blue-ray) movie • \$8 per person*
- **Horseback Riding**  
*2hr \$85 per person, groups of up to 5 per ride*
- **Facilitated Yoga**  
*\$100 per hour, 15 people in gym*

**THE RETREAT**

AT BALCONES SPRINGS